

Swami Paramarthananda

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It is a great privilege and blessing to be born a Hindu. This fact can be appreciated only when we come to know the glorious culture behind Hinduism, which is known as Vaidikadharma or Sanatanadharma. And, we can know this great culture only by exposing ourselves to the vast and deep teachings of our scriptures. Hence, it is the duty of every Hindu to study at least a small portion of the vast scriptural literature.

Smt. Lavanya Ramgopal is a dedicated student of our scriptures. And, the study has inspired her to share these teachings with others through various classes. I am glad to know that a website is being created to

make these classes accessible to more people. May this website help many people to become proud Hindus.

I invoke the Grace of God and Gururparampara for the success of this noble venture.

With Narayana smritis
Shruti Paramartha nanda